

# **Our Commitment**

The CAIR Program is committed to challenge and improve school absenteeism by addressing academic, school, and personal factors one child at a time.

#### Schuylkill County Office

340 South Liberty Street Orwigsburg, PA 17961-2127 570.366.1154 (phone) 610.984.1203 (fax)

#### www.accessservices.org

Access Services is an Equal Opportunity Care Provider.

The CAIR Program is NOT a crisis center. If you are experiencing a crisis, please contact the Schuylkill County Crisis Hotline at 1-877-993-4357 or text 63288.

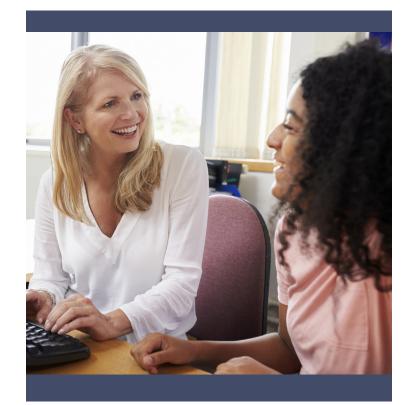
Telephone/Mobile Crisis Intervention Services are provided through collaboration with Schuylkill County MH/DS, Schuylkill County SCA, and Service Access and Management.



# CAIR Program

(Chronic Absenteeism Identification and Reduction Program)

Attend Today, Achieve Tomorrow





#### **Keys to Success**

Our services emphasize self-esteem, enhancing social skills, learning selfregulation, and observing and modeling positive behaviors of peers. These skills can help youth to cope with and overcome risk factors that will enhance their likelihood of becoming successful adults.

By providing a positive and safe environment, the CAIR Program staff support clients in improving their selfesteem and setting goals for a successful future.

#### **Program Summary**

The CAIR Program meets weekly at the Access Services Orwigsburg office for 9 consecutive weeks that coincide with academic schedules. The CAIR Program provides a creative outlet for students to express themselves and their individual situations. The CAIR Program provides academic assistance and transportation each week. We also offer a monetary incentive for maintaining consistent school attendance and attending the weekly program at Access Services.



### **Program Expectations**

Participants are expected to attend all 9 weekly sessions. If you miss a session due to illness, a valid doctor's note must be provided in order to receive the monetary incentive for the missed session. The program includes:

- Transportation to and from each weekly session
- Meals, snacks, and beverages
- Supplies that support weekly presentations
- Academic assistance

Participants are expected to attend school each day throughout the 9-week period. School attendance is defined by the CAIR Program as consistent attendance of all school days without unexcused absences. It includes arriving on time for school and staying the entire day unless you have a valid excuse. By holding students to high expectations, CAIR participants can change a habit, reduce unexcused absences, and promote academic success. Participants in the CAIR program have been observed to show an increase in academics, social skills, communication, and attendance.

## **Topics of Discussion**

Topics discussed within the CAIR Program include the following:

- Community supports
- Impacts & consequences of truancy
- Secondary educational opportunities
- Self-care and stress management
- Hygiene practices
- Independent life skills
- Recognition of achievement
- Developing study and organizational skills

#### **Mentoring Program**

In addition to the Rebound CAIR Program, our Rebound Mentoring Program serves youth between the ages of 11-18 years old in Schuylkill County. Youth who are referred to the Rebound Mentoring Program are supported by staff who have demonstrated experience in working with child-serving systems and partnering with community providers.

The program offers both structured one-onone supportive relationships between staff and youth, as well as closely supervised group and community activities with youth. The staff and youth work together to create a personcentered, individualized goal plan focusing on the strengths, needs and ambitions of the youth.

The Rebound Mentoring Program is a closed referral program. Youth must be involved with Schuylkill County Children & Youth, Schuylkill County Juvenile Probation or SAM, Inc and the referral must come from those sources. If interested, please contact your case worker.