

## **In-Home Supports**

Quality Living Starts with the Basics

#### **Delaware Valley Region**

500 Office Center Drive, Suite 100 Fort Washington, PA 19034-3234 215.540.2150 (phone) 215.540.2165 (fax)

#### Schuylkill Region

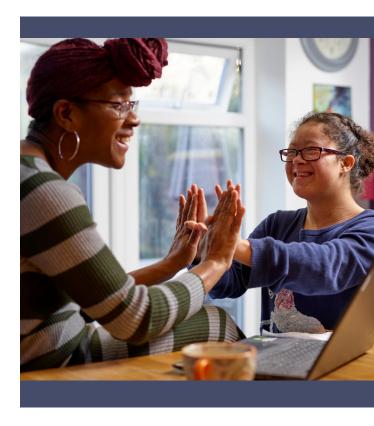
340 S. Liberty Street Orwigsburg, PA 17861-2127 570.366.1154 (phone) 570.366.7711 (fax)

#### Lehigh Valley Region

3975 Township Line Road Bethlehem, PA 18020-4200 610.866.6667 (phone) 610.866.2341 (fax)

#### www.accessservices.org

Access Services is an Equal Opportunity Care Provider and Employer.







#### What do we do?

Our In-Home Supports program has been helping families since the early 1990s. We provide training, ongoing support and equip Direct Support Professionals (DSPs) to provide 1 on 1 care to support adults and children with intellectual disabilities in their homes and in the community.

Our DSPs help the individuals we serve set personal goals and learn the skills of day-to-day living. In doing so, we seek to improve each person's overall quality of life and support the entire family.

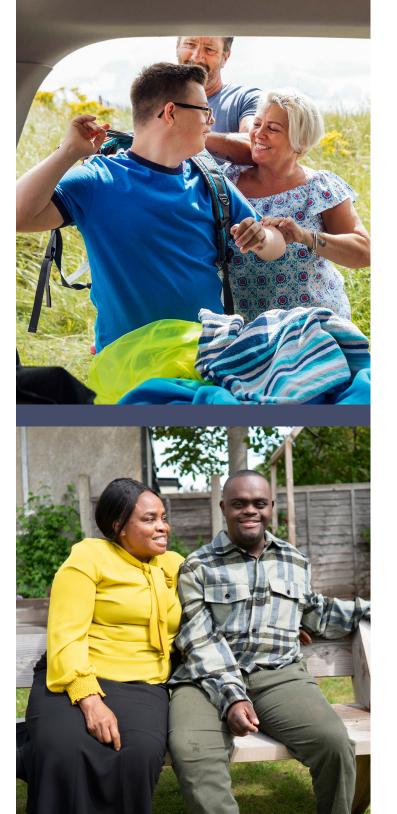
Ultimately, our In-Home Support program is intended to encourage personal growth and teach each individual to become active members of their communities.

#### Who are we?

Our In-Home Support DSPs are dedicated to the individuals we serve and exemplify the heart of what it means to truly care for others.

Many of our DSPs have been with our program for a long time and have built meaningful relationships with the individuals they serve.

It can be difficult to find quality help for your loved one who needs support. We can match you with a qualified DSP to help your loved one reach their goals.



# What do we help individuals do?

- · Set and meet personal goals.
- Become contributing members of their communities.
- Foster independence and encourage personal growth.
- Manage daily care routines.

### How do you join?

Individuals are referred to the In-Home Supports program through the Office of Developmental Programs in your county. If you are interested in In-Home Supports, speak to your appointed Supports Coordinator about becoming involved. In-Home Supports is funded through the Home and Community Based Services Waiver Program.

#### Contact us based on your county:

Berks, Carbon, Lehigh, Monroe, Northampton, Pike and Schuylkill Counties:

267-516-0554 CLopez@accessservices.org

Bucks, Chester, Delaware, and Montgomery Counties:

215-450-2196
JCichocki@accessservices.org