Contact us
We want to hear from you.

Bucks County Starting Point
215-344-8484

Montgomery County Starting Point
215-540-2150, x1338

www.accessservices.org/services/starting-point

Access Services is an equal opportunity care provider.
Who we are

Starting Point is a psychiatric rehabilitation program, supporting individuals with a mental health diagnosis to reach their goals.

We partner with people from all walks of life to build on personal strengths to overcome barriers with new skills and resources.

Starting Point is a mobile service meeting people in their home or community delivered by trained psych rehab practitioners.

What we do

1. Get to know you.
2. Build a respectful working relationship.
3. Explore what is important to you.
4. Learn what is getting in the way of achieving your hopes and dreams.
5. Create a plan with a step-by-step process.
6. Accomplish the plan together.

How we do it

Starting Point partners with people in a person-centered way that is unique recovery journey. Through Team-Delivered Service, people connect with several team members for support. We meet between 3-9 hours a week.

In every situation, we are committed to:

- Building respectful relationships.
- Discovering what is important to you.
- Empowering you to make your own choices.
- Assisting you in connecting to your community of choice.
- Helping you get back in control of your life.

Eligibility requirements

- Be a Montgomery or Bucks County resident
- Be 18 years of age or older
- Mental health diagnosis (ie. depression, anxiety, personality disorders, mood disorders, and more)

Average length of program is between 6 months and 2 years.

Reach out today

Fill out the referral and LPHA forms.

*LPHA needs to be completed by a Licensed Practitioner of the Health Arts i.e. LPC, LCSW, MD, etc.

“Starting Point changed my life forever. I received professional mental health support from 4 trained practitioners. I was given the freedom to determine my own life goals. I had regular visits in my own home. Most importantly, I could be myself without ridicule or prejudice.”

- SP Alumni