

Our Mission

To build strong, resourceful families and resilient children by sharing knowledge, resources, direct support, and training with a focus on building a culture of parents and youth as mentors, developing partnerships within the community and supporting the system of care philosophy in Chester County.

Contact Us

If you have any questions, want to get involved, or would like to receive support from Chesco LIFE, please feel free to contact us. We serve all of Chester County.

406 Willowbrook Lane
West Chester PA 19382
phone 484.348.6392
email chescolife@accessservices.org
Facebook ChescoLIFEProgram

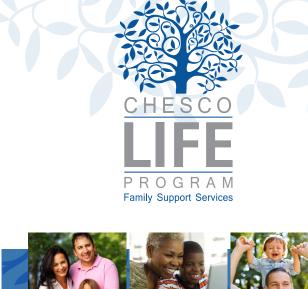
Access Services is an Equal Opportunity Care Provider.

Chester County Teen Talk Line

This new Chester County program gives teens the chance to talk to someone their own age about whatever is on their mind. All calls are confidential and teens can remain anonymous.

Call 855.852.8336 Text 484.362.9515 Monday – Sunday from 3:00pm – 7:00pm

For a mental health crisis, please contact the Valley Creek Crisis Center at 610.280.3270.



Serving Chester County families to a more enlightened future.





www.accessservices.org

What is Chesco LIFE?

Chesco LIFE is a countywide program that serves Chester County families who are raising a child or adolescent (up to age 21) that struggles with emotional, behavioral, and/or social needs, intellectual disabilities, and/or have involvement with the dependency or delinquency systems.

As a team of both experienced parents and professionals, we work closely with families to offer invaluable support. In addition to working with local child serving systems and partnering with community organizations, we have many resources available to support your family's emotional, intellectual, and physical well-being. Self-help parenting and educational supports and social and recreational opportunities are all easily accessible within our program.

The Chesco LIFE Family Support Program is provided at no cost to families residing in Chester County. Diagnosis and insurance is not required. Oversight for the Chesco LIFE program is provided by the Chester County Division of Human Services.

How We Can Help

- One-on-one support to parents/caregivers
- Trainings/workshops, events and groups
- Helpful resources for you and your child
- · Collaboration with children's services teams
- Navigate services in the community
- Support families involved with the dependency or delinquency systems.

Family Support Specialists

Our Family Support Specialists are peer professionals, who have experienced the child-serving systems through their own children and who excel in navigating through the systems and cultivating helpful support. This is done through a supportive and collaborative parent-to-parent relationship.

Family Support Specialists provide:

- Guidance and navigation through the childserving systems
- Help and encouragement in skill building and self-advocacy
- Support with school meetings, treatment planning, and/or interagency meetings
- Help to link to supports and their community
- An increasing network of family, friends, and community that can be helpful resources

Testimonials

Chesco Life has helped me with a lot of struggles I faced as a single parent to my son. It has helped me cope and find mental health providers and doctors. I would have not been able to handle it all on my own or stay calm and focused. The staff are wonderful, patient, kind and go above and beyond for their clients.

The staff always listen to understand me. They are totally awesome and go the extra mile.

Information and Referral Services



For additional information about health and human

services available in Chester County, call 610.344.6640 or the following information and referral sites:

Human Services, Inc.

330 W Market St, West Chester, PA 19380 **phone** 610.429.3033

La Comunidad Hispana

731 W Cypress St, Kennett Square, PA 19348 **phone** 610.444.7550

Maternal and Child Health Consortium (MCHC) 1001 E Lincoln Hwy, Coatesville, PA 19320 phone 610.344.5370

Oxford Area Neighborhood Services Center, Inc. 35 N Third St, Oxford, PA 19363 phone 610.932.8557

Phoenixville Area Community Services (PACS)

257 Church St, Phoenixville, PA 19460 **phone** 610.933.1105

For additional information or resources in Chester County, go to www.referweb.net/chesco