

# LIFE families say...

"Thanks for showing me how to have a voice." - 14 year old

"The LIFE Program works collaboratively with the schools and families and are an asset to the community." -BCIU

"Thank you for your upbeat willingness to go the extra mile to help people." - Parent



## Follow Us on Social Media



## Contact Us

If you would like to receive support and guidance, or may have questions for the Bucks County LIFE team, please feel free to contact us. We serve all of Bucks County at no cost to families and collaborating partners.

toll-free 1.888.442.1590, option 1  
fax 484.465.1179  
email [BucksLife@accessservices.org](mailto:BucksLife@accessservices.org)  
[www.LifeInBucks.org](http://www.LifeInBucks.org)

Access Services is an Equal Opportunity Care Provider.



[www.accessservices.org](http://www.accessservices.org)



Serving Bucks County families with children who have emotional, behavioral, social and/or learning challenges.



## What is Bucks County LIFE?

We are here to help support young people and families who reside within Bucks County. Through a non-clinical and strength-based perspective, the Bucks County LIFE program mentors parents, grandparents, and caregivers whose children range in age from birth through age 26 and struggle with emotional, behavioral, social, and/or learning challenges. Peer support is also available to young people. Diagnosis and insurance are not required. The Bucks County LIFE family support program is provided at no cost to families.

Through a collaborative approach, the Bucks County LIFE program aims to create a supportive team of families, service providers, and community organizations to assist with the young person and family's emotional, intellectual and physical well-being.

## Our Mission

Our mission is to build strong, resourceful families and resilient children by sharing knowledge, resources, referral to services, direct support and training; with a focus on building a culture of parents and youth as mentors, partnerships within the community and collaborations with systems of care.

## Contact Us

Call 1.888.442.1590, option 1, email at [bucklife@accessservices.org](mailto:bucklife@accessservices.org) or visit [www.LifeInBucks.org](http://www.LifeInBucks.org). If you would like to receive support and guidance, or may have questions for the Bucks County LIFE team, please feel free to contact us.

## How We Can Help

- 1-on-1 direct support to families
- Peer Support services for ages 14-26
- Promote self-advocacy
- Helpful resources for you and your child
- Establish collaborative partnerships with teams and service providers
- Support families through the special education/504 systems
- Attend meetings with families
- Referrals and linkages to community services and programs
- Support with applications to government assistance programs (MA, SSI, etc.)
- Informative trainings and workshops
- Family/Youth activities and events
- Navigation through the child and adult serving systems of care with a positive, non-judgmental, and strength-based approach
- Encouragement with parenting children who have challenges

## Family Support Specialists

Our Family Support Specialists are parent peer professionals, who have a lived experience through their own children and have gained professional training to support and guide families through the child and adult-serving systems. Family Support Specialists have a passion to mentor parents and caregivers through the system of care and cultivate helpful support for Bucks County families. Family Support Specialists utilize a supportive, parent-to-parent relationship model to assist families with individualized, family driven goals.

## Administrative Case Manager

The Bucks County LIFE Administrative Case Manager guides families entering various services and systems, have significant system involvement, or their children are requiring higher levels of care.

To further support families, the Administrative Case manager takes an active role within collaborative work-groups geared toward advocacy efforts and development of innovative initiatives.

## Transition-Age Peer Support Specialist

A transition-age peer support specialist is an individual who has a personal lived experience with mental health and within the mental health systems of care. A transition-age peer support specialist has been trained to mentor young people who seek out this unique support and would benefit from the shared lived experience. Peer support is a voluntary support that promotes hope and resiliency through a non-clinical approach. A transition-age peer specialist guides youth and young adults, ages 14-26 toward their own youth-driven goals which enhance a young person's self-advocacy, self-direction, and wellness. Peer support is delivered one-on-one with young people within the home, school, and community.