

## Our Mission:

To empower and serve people in need of specialized supports by providing innovative services that improve their ability to live fulfilling lives in the community.

### Main Office

500 Office Center Drive, Suite 100  
Fort Washington, PA 19034

To make a referral by phone or to  
get more information call:

### Bucks County Starting Point

215-344-8484

### Montgomery County Starting Point

215-540-2150, x1338

To get more information visit:

[www.accessservices.org/services/  
starting-point-program/](http://www.accessservices.org/services/starting-point-program/)

Access Services is an equal opportunity  
care provider.



# Starting Point

*Facing Challenges,  
Finding Hope*





## Who We Are

Starting Point, a Psychiatric Rehabilitation Service, strives to help you develop the skills you need to meet your goals. With a focus on recovery and planning, we come along side of you to offer personalized support and guidance. Our hope is that your journey will lead you to new found relationships, opportunities, and a valued role in your community.

## What We Do

Support and skill building are offered in the areas of living, learning, working, and relating to others. Starting Point Workers and Certified Peer Specialists will walk with you side by side to identify goals and then create action plans to map out the steps to success. During this time, we can assist you with the following:

- Locating a place to live
- Finding a roommate
- Managing personal finances
- Using public transportation
- Going back to school
- Obtaining and maintaining employment
- Building friendships
- Learning to self-advocate
- Getting connected to a faith community
- Decision-making
- Meal prep and cooking
- Crisis management and planning



## How We Do It

Starting Point has experience partnering with people from all walks of life, each with their own unique recovery journey.

In every situation, we are committed to:

- Building respectful relationships
- Discovering what is important to you
- Empowering you to make your own choices
- Assisting you in finding a valued role in your community
- Helping you get back in the driver's seat of your life

## How To Get Started

The first step is getting to know each other. We will meet you wherever you are comfortable having a conversation. Upon meeting, we will tell you more about Starting Point and share ideas of how we can provide help. We will listen to your story and learn what is important to you. If together we decide that Starting Point is a good fit, you will be matched with a Starting Point worker who will begin assisting you. If you are interested in Starting Point for yourself or someone you know, please contact us.

For more information on Starting Point or other Access Services programs, visit [www.accessservices.org](http://www.accessservices.org).