



## Our Mission:

To empower and serve people in need of specialized supports by providing innovative services that improve their ability to live fulfilling lives in the community.

# Intensive Behavioral Health Services

*Bringing therapy to you*

### Delaware Valley

500 Office Center Drive, Suite 100  
Fort Washington, PA 19034-3234  
215.540.2150 (phone)  
215.540.2165 (fax)

### Schuylkill/Carbon/Monroe

340 South Liberty Street  
Orwigsburg, PA 17961-2127  
570.366.1154 (phone)  
570.366.7711 (fax)

### Lehigh Valley

3975 Township Line Road  
Bethlehem, PA 18020-4200  
610.866.6667 (phone)  
610.866.2341 (fax)

[www.accessservices.org](http://www.accessservices.org)

Access Services is an Equal Opportunity Provider.



## Child-Centered Therapy

Intensive Behavioral Health Services (IBHS) provides therapeutic services to children under the age of 21 who are experiencing mental, emotional or behavioral problems. IBHS focuses on providing needed services to children in their home, school, or community and is focused on collaborating with families to help support children in learning the skills needed to cope with their emotional and behavioral challenges. The vision of the IBHS program at Access Services is for all children to be able to lead fulfilling lives and function at optimal levels within their family and community settings. By working in the community as opposed to an office or health facility, treatment team members are able to observe real challenges as they occur and promote successful participation in family and community life.

### The IBHS Team

**Behavior Analysts** use ABA techniques to develop a plan to help decrease negative target behaviors and replace them with more appropriate behaviors.

**Behavioral Consultants (BC)** work with the caregivers to develop goals and interventions to meet the child's specific needs.

**Mobile Therapists (MT)** utilize a strengths-based approach to counseling, which is both child-related and family focused.

**Behavioral Health Technicians (BHT)** provide one-on-one support to the child and caregiver based upon interventions developed by the team.



## Goals of Intensive Behavioral Health Services

- Maintaining children and teenagers in their own communities and encouraging participation.
- Focusing on personal strengths in plan formation and intervention.
- Utilizing a variety of community support systems.
- Encouraging "teamwork" so that the child, parents and treatment team are working together.

### Eligibility

To be eligible for the program, care recipients must be under the age of 21. They must also have a MH or Autism diagnosis, be eligible for the receipt of medical assistance, and obtain a written order from either a doctor (PCP), Psychiatrist, or other clinically licensed professional who is enrolled in the Medicaid program, and who is recommending the medical necessity of Intensive Behavioral Health Services.

For more information on Intensive Behavioral Health Services or other Access Services programs, visit [www.accessservices.org](http://www.accessservices.org).