



Our Mission:

To empower and serve people in need of specialized supports by providing innovative services that improve their ability to live fulfilling lives in the community.

Main Office

500 Office Center Drive, Suite 100
Fort Washington, PA 19034-3234
215.540.2150 (phone)
215.540.2165 (fax)

Schuylkill/Carbon/Berks

340 S. Liberty Street
Orwigsburg, PA 17961-2127
570.366.1154 (phone)
570.366.7711 (fax)

Lehigh Valley

3975 Township Line Road
Bethlehem, PA 18020-4200
610.866.6667 (phone)
610.866.2341 (fax)

www.accessservices.org

Access Services is an Equal
Opportunity Care Provider.



**ACCESS
SERVICES**

Creating better ways to serve
people with special needs

Respite Services



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Caring for yourself

In our experience we have found that it is important to strike a balance between personal time and time spent caring for others. For those caring for a loved one with special needs, Respite Services offers a safe and sensible way to take a break from the pressure and stress of your daily care routine.

Caring for them

Respite Services provides short-term care in a nurturing home environment for adults and children challenged by developmental disabilities, physical disabilities, mental health concerns, serious emotional problems, behavioral difficulties or those who may be dually diagnosed MH/ID. Respite has been used to stabilize individuals in crisis, preventing hospitalization or institutional placement.

Qualified host families

With Respite Services you can rest easy, knowing that your loved one is under the care of a qualified, capable host family. Access Services host families are trained to meet a wide-range of support needs. All Respite Services host families are required to undergo an extensive application process, submit multiple references, pass a thorough home safety inspection and criminal, child abuse and police background screenings. There is also a home study process in which an Access Services employee interviews the host family in their environment.



We will work with you to determine which Respite option best suits your needs:

Planned Respite is planned up to 30 days in advance, giving care recipients an opportunity to meet with their host family before the program begins.

Emergency Respite is generally used when care recipients or their loved ones are experiencing a crisis or emergency.

Hourly Respite will send a trained caregiver to the home of a child or individual to provide short-term support at hourly intervals.

Respite for Transition-Age Youth is for youth and young adults age 16-26 who want to collaborate with a provider to identify skills that they would like to learn that encourage independence such as cooking, laundry, food shopping and banking.

**Some Respite programs may not be available in your area. Contact your nearest regional representative on the back of this brochure for more information on Respite Care options.*

For more information on Respite Services or other Access Services programs, visit www.accessservices.org