



Our Mission:

To empower and serve people in need of specialized supports by providing innovative services that improve their ability to live fulfilling lives in the community.

Schuylkill County Office

340 South Liberty Street
Orwigsburg, PA 17961
570-366-1154 (phone)
800-200-7701 (toll-free)
570-366-7711 (fax)

The Rebound Program is NOT a crisis center. If you are experiencing a crisis, please contact the Schuylkill County Crisis Hotline at 1-877-993-4357 or 1-877-9WE-HELP.

Telephone/Mobile Crisis Intervention Services are provided through a collaboration with Schuylkill County MH/MR, Schuylkill County SCA and Service Access and Management.

www.accessservices.org

Access Services is an Equal Opportunity Care Provider.

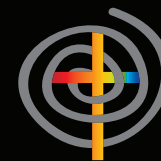


**ACCESS
SERVICES**

Creating better ways to serve
people with special needs

Rebound Program

Making a Lasting Difference



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Rebound Program Mission

The mission of the Rebound Program is to empower at-risk youth and their families to improve their quality of life by providing counseling, case management, mentoring and advocacy services to children in their homes, schools and communities. By promoting pro-social activities and educational achievements, the Rebound Program helps to reduce the need for placement in foster care, residential treatment facilities and secure detention facilities.

Case Management/Advocacy

Our case management and advocacy services include case monitoring and assistance with community agency collaboration. At-risk youth often struggle in school due to the uncertainty and instability within their homes and families. Advocacy is provided to assist in navigating the educational system in order to help families and youth receive specialized educational accommodations based upon need. Our advocates are well versed in education law and come to meetings prepared with facts and experiences to support a youth's educational success. Our case management and advocacy services effectively link youth, schools, and their communities. Our case management and advocacy staff employ the following strategies to meet the needs of youth and their families:

- The Case Manager/Advocate acts as an intake coordinator and receives all referrals. The initial contact report is completed with the youth and their family within one week of receiving the referral.
- The Case Manager/Advocate provides support by helping youth attend any necessary appointments to address medical and educational needs including doctor appointments, dental appointments, IEP meetings and other related services.
- Transportation can be provided to appointments when necessary.

Mentoring Services

Our mentoring services are designed to provide positive influences and activities for at-risk youth. Our mentors serve as accessible, dependable adults who can help navigate the challenging transition from childhood and adolescence to successful adulthood. The Mentoring Program operates within both structured, one-to-one supportive relationships and closely supervised group activities. We encourage and help guide youth to their fullest potential and respect their own vision for their future. Mentors provide:

- Assistance in creating an individual service plan to accomplish realistic goals for success
- Academic assistance in school and homes
- Pro-social skills in group and community settings

Life Skills Counseling and Resiliency Training

Our staff help enable positive development by meeting basic needs for safety, belonging, respect, power, accomplishment, learning and meaning.

- Our counseling support fosters caring relationships with youth based on kindness, compassion and respect.
- To help develop positive and high expectations, counselors identify and harness strengths, and help develop confidence and resiliency. The program's life skills strategies serve as the starting point for the development of a holistic treatment plan that inspires an intrinsic motivation to succeed.
- We provide opportunities for community participation intentionally designing opportunities for youth to contribute in their community through voicing their opinions effectively, being creative,



making choices, problem solving, helping others, and giving back to the community. As a result, youth learn that they can be not only recipients of assistance themselves, but also valued providers of service to others.

Focused on Results

Thanks to the unwavering dedication of our staff, the Rebound Program has an impressive track record. Over the past five years, the Rebound Program has provided services for approximately 140 clients per year.

- Over 94% of participants completed the program without reoffending or returning to a Residential Treatment Facility.
- 70% improved at least one letter grade in school, and 41% improved more than one letter grade.
- 39% of clients were gainfully employed or had been in the past year (10% above the national average for high school students*).
- 42% were involved in at least one extracurricular activity (13% above the national average).

For more information about the program and its benefits, please call **(570) 366-8961** or **(570) 366-1154**.