



## Our Mission:

To empower and serve people in need of specialized supports by providing innovative services that improve their ability to live fulfilling lives in the community.

### Schuylkill County Office

340 South Liberty Street  
Orwigsburg, PA 17961  
570-366-1154 (phone)  
800-200-7701 (toll-free)  
570-366-7711 (fax)

The REBOUND Program is NOT a crisis center. If you are experiencing a crisis, please contact the Schuylkill County Crisis Hotline at 1-877-993-4357 or 1-877-9WE-HELP.

Telephone/Mobile Crisis Intervention Services are provided through a collaboration with Schuylkill County MH/MR, Schuylkill County SCA and Service Access and Management.

[www.accessservices.org](http://www.accessservices.org)

Access Services is an Equal Opportunity Care Provider.

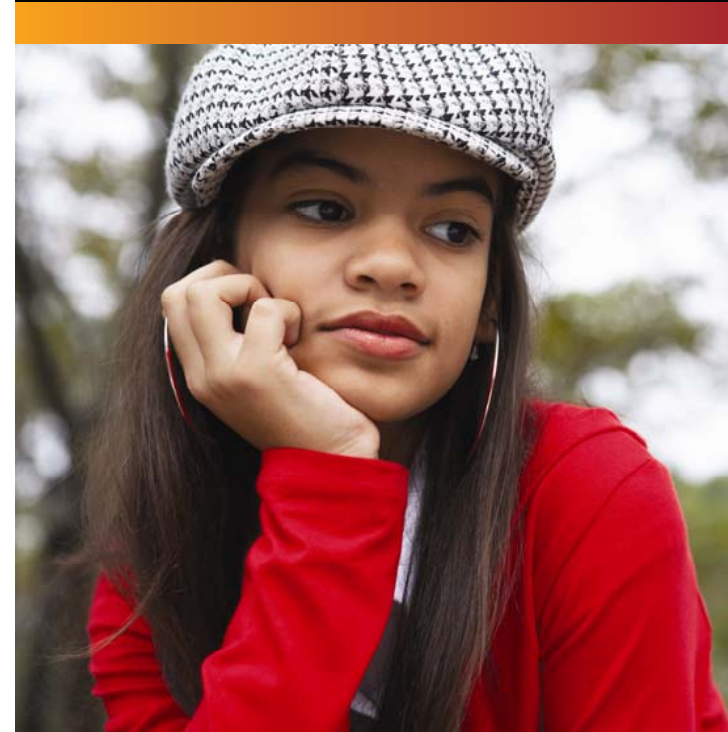


**ACCESS  
SERVICES**

Creating better ways to serve  
people with special needs

# Rebound Program

*Mentoring, Advocacy, and  
Life Skills Counseling Services*



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## Rebound Program Mission

The mission of the Rebound Program is to empower at-risk youth and their families to improve their quality of life by providing mentoring, advocacy and life skills counseling services to the children in their home, school and community. By promoting pro-social activities and educational achievement, the Rebound Program helps to reduce the need for placement outside of the home.

## Keys to Success

Our services emphasize resiliency through life skills training, mentoring and advocacy. These skills can help youth to cope with and overcome risk factors that will enhance their likelihood of becoming successful adults. By providing a positive and safe environment, the Rebound Program staff help clients improve their self-control, flexibility, communication, social skills, self-esteem, academics and set goals for a successful future.

## Mentoring Services

An experienced mentor provides an accessible, dependable adult who can help youth navigate the often rough waters of childhood and adolescence through to successful adulthood. The Mentoring Program operates in a structured one-to-one supportive relationship and closely supervised group and community activities. The mentor and youth work together to create an individual treatment plan focusing on the strengths, needs and ambitions of the youth. The primary focus of the Program is to work with youth to address academic concerns, socialization skills and general life skills.



## Educational Advocacy

Educational Advocacy is a key component of the Rebound Program's success. We've discovered that at-risk youth often struggle in school due to the uncertainty and instability of their home and family situation.

The Rebound Program's advocacy component uses three essential strategies for successful implementation:

- We work collaboratively by creating relationships with school staff and all interested members of our client's life.
- We strive to communicate in a clear and concise manner.
- We are never adversarial and treat all members of our client's team with respect – honoring their feedback.

Our advocates are well versed in educational law and always come to meetings prepared with facts and experience to support our client's educational success. We also empower our clients and their family through education and information on how to continue to self-advocate.

## Life Skills Counseling

The Life Skills Counselor helps enable positive development by meeting the at-risk youth's basic needs for safety, belonging, respect, power, accomplishment, self-esteem, learning and meaning. To help clients develop positive and high expectations experienced Life Skills Counselors work one-on-one with youth to create an individual treatment plan identifying strengths, needs and ambitions that support confidence and resiliency. The Program's life skill strategies are the starting point for developing a holistic treatment plan that inspires their intrinsic motivation to succeed.

Counseling services are generally provided in the client's home. However, staff will provide opportunities for the client to participate and contribute in their community through closely supervised group and community activities. Clients will learn to voice their opinions, use their imagination, make choices, problem solve, help others and give back to their community.

Please talk with your Children & Youth Services caseworker if you are interested in participating in any of these free services. You may also contact the Rebound Office at (570) 366-1154 for more information.

