



Our Mission:

To empower and serve people in need of specialized supports by providing innovative services that improve their ability to live fulfilling lives in the community.

Delaware Valley

Twining Life

500 Office Center Drive, Suite 100
Fort Washington, PA 19034-3234
215.540.2150 (phone)
215.540.2165 (fax)

Schuylkill/Carbon/Monroe

Tamaqua, Orwigsburg, Lehighton & East Stroudsburg Life

340 South Liberty Street
Orwigsburg, PA 17961-2127
570.366.1154 (phone)
570.366.7711 (fax)
Mental Health Wellness Center
570.366.5096 (phone)
570.366.8755 (fax)

Lehigh Valley

Bethlehem, Allentown & Easton Life

3975 Township Line Road
Bethlehem, PA 18020-4200
610.866.6667 (phone)
610.866.2341 (fax)

www.accessservices.org

Access Services is an Equal
Opportunity Provider.



**ACCESS
SERVICES**

Creating better ways to serve
people with special needs

Life Day Program

*Building independence
through community.*



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Learning Through Service

The Life Day Program is a safe, structured environment in which adults who have an intellectual or developmental disability can learn, practice and master valuable life skills such as self-knowledge, money management, problem-solving, and activities of daily living. Strengths are found through volunteer work, social activities, and a variety of organized opportunities with each participant's preferences taken into account. Furthermore, partnerships with community volunteer sites present opportunities for personal growth, skill development and confidence building. The Life Day Program supplies opportunities to improve talents, build social skills and enrich relationships by supporting and encouraging program participants to make choices independently throughout the day.



Goals and Objectives of the Life Day Program

- To provide individuals an opportunity to expand their skills and abilities in a structured setting.
- To provide individualized support using a strength-based approach.
- To acclimate and include individuals in their local community with local businesses and organizations.
- To promote individuals' sense of belonging within their local community.
- To improve public awareness and views of individuals with disabilities through community involvement.
- To develop and enhance socialization and relationship skills through recreational and volunteer activities.
- To provide support and assist in the job-placement process for individuals who show potential for employment.

For more information on the Life Day Program or other Access Services programs, visit www.accessservices.org.

FAQs

Who do you accept into your program?

Anyone 18 years of age and older who has an IDD diagnosis who has an interest and the ability to participate in group and community involvement. We offer small group ratios of 1:3 and cluster settings unless a 1:1 staff person has been approved for the individual.

Do you provide transportation from my home?

Some of the Life Day programs provide transportation up to 20 miles round trip to and from the day program. Transportation is provided to and from your home, however, if you reside in a group home, the house staff would be responsible for transporting. Check with your nearest Life Day program to see if they provide transportation.

Do you have a program for those individuals who are not community based?

Currently we have one modified program called Life Transitions located in our Orwigsburg location. We are working towards starting a Life Transitions program in our other locations. This program will follow the same format as our Life Program, but will be less community based and more focused on tactile and motor skill activity.

Do you provide lunch?

We do not provide lunch daily so we ask that you bring a bagged lunch. We can refrigerate it for you and you have access to our microwaves to heat anything up. At times, we will go out to lunch or have lunch at the office, in which case we will let you know ahead of time so you do not bring lunch that day.