

Links

Below are links to national organizations that are involved with mental health advocacy and providing spiritual support.

www.nami.org/namifaithnet

NAMI FaithNet is an information resource for NAMI members, friends, clergy, and congregations of all faith traditions. It is a place where congregations can have group discussions and support one another in decreasing mental illness stigma specifically in faith communities. NAMI FaithNet has an e-newsletter that is distributed monthly and includes articles related to faith communities and mental health.

www.nmha.org

Mental Health America has tips for reducing stress, information about specific mental illnesses, and links for finding support groups.

<http://www.stopstigma.samhsa.gov/topic/faith/default.aspx>

Substance Abuse and Mental Health Services Administration Center for Mental Health Services resource center to Promote Acceptance, Dignity and Social Inclusion Associated with Mental Health. Information and resources concerning the impact of faith on recovery from mental illness.

www.nami.org

National Alliance on Mental Illness has fact sheets on mental illness, the latest information on research, and upcoming events such as NAMI walks.

www.mentalhealthministries.net

Mental Health Ministries provides educational resources to help erase the stigma of mental illness in faith communities. Free study guides, bulletin inserts, handouts/flyers, and more.

www.shadowvoices.com

This website is an extension of the *Shadow Voices* documentary – with additional interviews, stories, comments and resources.